

FAMILY LIFE EDUCATION



GRADE 1

What Is Family Life Education?

Family Life Education is an instructional unit that leads students to an understanding of concepts included in the following areas: Family Living, Responsible Personal Behavior, Interpersonal Relations, and Human Growth and Development. The program is sequential with instruction that has been designed to be appropriate to the age, growth, development and maturity of our students.

Program Development

The State Board of Education has mandated Family Life Education (N.J.A.C. 6:29-4.2). The program currently offered in our schools has been developed by certified staff in conjunction with the district's curriculum department. In order to meet the changing needs of students, the program is subject to revision annually and continues to evolve.

Program Implementation

The program will be taught primarily by the classroom teachers. As appropriate, the following people may also serve as guest speakers or guest teachers:

School Counselors Physical Education Teachers
School Nurses Principals or Other Administrators

Who May Be Excused?

Any pupil whose parent(s) or guardian(s) presents to the school principal a signed statement that any part of the instruction in Family Life Education is in conflict with his/her conscience, or sincerely held moral or religious beliefs, shall be excused from that portion of the program. The signed statement is to be specific as to the aspect of the course from which the child is to be excused. The student will not be penalized for missing such instruction.

Alternative Program Options

Any student not participating in a particular lesson will be assigned to guided, independent study. Every effort will be made to have each student(s) instructional time be productive.

Parent(s)/Guardian(s) Support for Family Life Education

As always, the responsibility for establishing a child's value system initiates from his/her family. The Family Life Education Program cannot replace the value system fostered in the home. It is our hope that by providing your child with developmentally appropriate curricula, in tandem with your guidance and support, that they develop awareness of their responsibility to make safe and healthy decisions.

Dear Parent(s)/Guardian(s):

This brochure provides a brief overview of the Family Life Education component of the curriculum for elementary school in the Medford Township Public Schools.

The program for grade one is taught in conjunction with the guidance, science, and comprehensive health and physical education curriculum. The objectives for this program correlate with the New Jersey Core Curriculum Content Standards and reflect the related indicators. The objectives are well-rounded and focus on the developmental needs of elementary school children.

You are encouraged to become familiar with this component of the curriculum by asking questions and discussing the content with your child.

Thank you for your continued interest and cooperation.

Joseph J. Del Rossi, Ed.D.
Superintendent

OUTLINE OF FAMILY LIFE EDUCATION CURRICULUM
FOR GRADE ONE

Students will be introduced to:

- knowing when and how to ask for or offer help
- developing resourcefulness in solving problems
- recognizing and accepting differences in others
- recognizing the capabilities, special talents, and preferences of others
- recognizing and respecting the feelings and needs of others
- understanding their effect on the feelings and behavior of others
- cooperating within a group
- initiating friendship
- sharing with others
- recognizing the advantages of working together
- seeing the need for rules and agreements
- making rules and agreements and living by them
- learning how to handle peer pressure
- understanding benefits/dangers of medicines/drugs
- recognizing stranger danger

AVAILABILITY OF MATERIALS FOR REVIEW

A variety of age-appropriate materials from across the disciplines will be utilized for instruction. Copies of all materials utilized in the Family Life Education Program can be made available to parents for review in school, upon parental request. Please contact your child's building principal to arrange for an appointment.

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Alternative Program Options

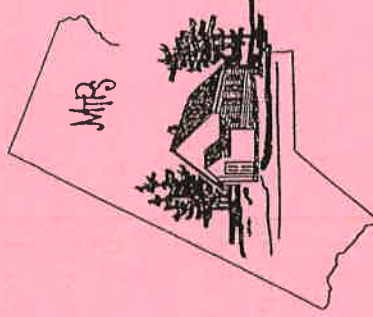
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MEDFORD TOWNSHIP PUBLIC SCHOOLS
Medford, New Jersey

FAMILY LIFE EDUCATION



GRADE 2

Dear Parent(s)/Guardian(s):

This brochure provides a brief overview of the Family Life Education component of the curriculum for elementary school in the Medford Township Public Schools.

The program for grade three is taught in conjunction with the guidance, science, and comprehensive health and physical education curriculum. The objectives for this program correlate with the New Jersey Core Curriculum Content Standards and reflect the related indicators. The objectives are well-rounded and focus on the developmental needs of elementary school children.

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Thank you for your continued interest and cooperation.

Joseph J. Del Rossi, Ed.D.
Superintendent

OUTLINE OF FAMILY LIFE EDUCATION CURRICULUM
FOR GRADE TWO

Students will be introduced to:

- facing new situations courageously
- recognizing when persistence and patience are needed to reach a goal
- seeing alternatives
- setting priorities
- making decisions and choices
- discriminating between real and imagined fears
- selecting appropriate ways to express feelings
- seeing cause and effect relationships
- understanding the consequences of choices
- accepting the consequences of their choices
- developing adequate solutions to conflicts
- seeing their part in escalating or reducing conflicts
- becoming aware that behavior has a purpose
- describing the signs of growth in people
- categorizing food by nutritional values

AVAILABILITY OF MATERIALS FOR REVIEW

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- School Nurses
- Physical Education Teachers
- Principals and other Administrators

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GRADE 3

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Joseph J. Del Rossi, Ed.D.
Superintendent

OUTLINE OF FAMILY LIFE EDUCATION CURRICULUM
FOR GRADE THREE

Students will be introduced to:

- developing self-confidence and self-esteem
- developing awareness of their growing capabilities
- developing realistic attitudes about their capabilities
- developing self-acceptance
- learning to express feelings accurately
- learning to express feelings sensitively
- becoming aware that feelings have purposes
- learning to manage anxiety
- developing intellectual curiosity
- developing the courage to be imperfect
- learning to accept the consequences of their behavior
- learning to become more independent
- learning to set goals
- developing effective work habits
- learning to perform assigned tasks adequately
- learning to solve problems creatively
- explaining factors which govern growth
- analyzing nutritional value of food

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Medford, New Jersey

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GRADE 4

Dear Parent(s)/Guardian(s):

This brochure provides a brief overview of the Family Life Education component of the curriculum for elementary school in the Medford Township Public Schools.

The program for grade four is taught in conjunction with the guidance, science, and comprehensive health and physical education curriculum. The objectives for this program correlate with the New Jersey Core Curriculum Content Standards and reflect the related indicators. The objectives are well-rounded and focus on the developmental needs of elementary school children.

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Thank you for your continued interest and cooperation.

Joseph J. Del Rossi, Ed.D.
Superintendent

OUTLINE OF FAMILY LIFE EDUCATION CURRICULUM FOR GRADE FOUR

Students will be introduced to:

- developing a sense of human dignity and equality
- becoming sensitive to the needs of others and take actions to help others
- learning to recognize the feelings of others
- learning to empathize with the feelings of others
- learning to cope with fluctuations in friendship and affection
- learning to share and to cooperate
- developing feelings of belonging with the peer group
- recognizing behavior that is acceptable or unacceptable in various groups
- developing fairness and an understanding of the rules
- learning to evaluate and work toward group goals
- learning to cope with change
- accepting the inevitability of change
- understanding the feelings associated with change
- being responsible for their choices
- recognizing how values affect choices
- understanding the effect of group pressure on personal values
- recognizing the influence of feelings on behavior
- learning the responsibilities associated with independence
- learning to function responsibly without supervision or authority figures
- learning to evaluate the relevancy of school tasks for present and future goals
- recognizing their role in creating or reducing conflict
- developing positive behavior for resolving conflict
- understanding and identifying the purposes of behavior
- becoming aware of infectious diseases (i.e., hepatitis/AIDS)
- describing the changes associated with puberty and adolescence
- discussing how climate and environment affect growth

AVAILABILITY OF MATERIALS FOR REVIEW

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| School Counselors | Physical Education Teachers |
| School Nurses | Principals and other Administrators |
| D.A.R.E. Officer | |

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Alternative Program Options...

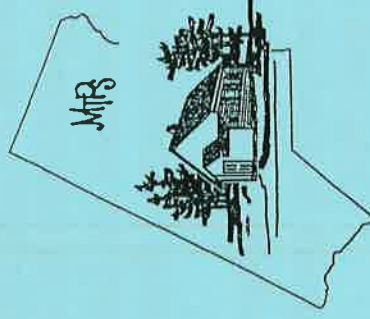
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GRADE 5

OUTLINE OF FAMILY LIFE EDUCATION CURRICULUM

FOR GRADE FIVE

Dear Parent(s)/Guardian(s):

This brochure provides a brief overview of the Family Life Education component of the curriculum for elementary school in the Medford Township Public Schools.

The program for grade five is taught in conjunction with the guidance, science, D.A.R.E., and comprehensive health and physical education curriculum. The objectives for this program correlate with the New Jersey Core Curriculum Content Standards and reflect the related indicators. The objectives are well-rounded and focus on the developmental needs of elementary school children.

You are encouraged to become familiar with this component of the curriculum by asking questions and discussing the content with your child.

Thank you for your continued interest and cooperation.

Joseph J. Del Rossi, Ed.D.
Superintendent

Students will be introduced to:

Developing Understanding of Self

- knowing oneself
- understanding and expressing feelings
- becoming self-reliant and independent

Developing Understanding of Others

- valuing others
- understanding feelings of others
- getting along with others

Developing Understanding of Choices

- recognizing and making choices
- seeing the effects of decisions
- learning to resolve conflict
- facing change

Developing Understanding of Human Development

- describing growth rates in various stages of life
- describing how body systems work together
- comparing and contrasting various diets
- describing the changes associated with puberty and adolescence
- becoming aware of infectious diseases (i.e., hepatitis/AIDS)

AVAILABILITY OF MATERIALS FOR REVIEW

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